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Practicing Psychodynamic Therapy: A Casebook (Paperback)

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Guilford Publications, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. This volume presents 12 highly instructive case studies grounded in the evidence-based psychodynamic therapy model developed by Richard F. Summers and Jacques P. Barber. Bringing clinical concepts vividly to life, each case describes the patient's history and presenting problems and takes the reader through psychodynamic formulation, treatment planning, and the entire course of therapy, including the challenges of termination. The cases address a variety of core psychodynamic problems, with outcomes ranging from very successful to equivocal. The emotional experience of the therapist is explored throughout. Commentary from Summers and Barber on every case highlights important points and key clinical dilemmas. See also the authored book *Psychodynamic Therapy: A Guide to Evidence-Based Practice*, in which Summers and Barber comprehensively describe their therapeutic model. Richard F. Summers, MD, ABPN, is Clinical Professor and Co-Director of Residency Training in the Department of Psychiatry at the Perelman School of Medicine of the University of Pennsylvania. He has written extensively on psychodynamic therapy, the therapeutic alliance, psychodynamic formulation, psychiatric education, and positive psychology, and is coauthor (with Jacques P. Barber) of *Psychodynamic Therapy: A Guide to Evidence-Based Practice*. Dr. Summers is...



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