



The Complete Guide to Coffee Enemas (Paperback)

By Dodee J Schmitt

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Coffee Enemas have been used as a tool to cleanse the liver of toxicity, and ultimately clean the blood, for decades. The idea of inserting coffee into the rectum may not appeal to everyone, but by traveling through the colon into the liver the healing qualities of the coffee herb are preserved, leading to an exceptional form of purification. Toxins are safely removed, the liver is cleansed and the body is detoxified with a coffee enema. Often, they are used in auto-intoxication situations, when the body is over-loaded with pollutants and the organ systems are not able to get rid of the toxins fast enough. To some degree we are all exposed to toxins but this book, The Complete Guide to Coffee Enemas, presents the reader with a totally new experience through chapters which examine; -The history of the coffee enema -The benefits to you -Using quality coffee and equipment -Performing a coffee enema -Longevity Protocols -Upgraded Recipes and much more. These recipes are cutting edge, while a series of Frequently Asked Questions make this book the complete answer to using a...



Reviews

An incredibly amazing ebook with perfect and lucid answers. It is writter in basic terms and never difficult to understand. Its been written in an exceptionally basic way and it is only right after i finished reading this ebook in which in fact modified me, affect the way i really believe.

-- Beverly Hoppe

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