Healing Powers of Vinegar



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Reviews

Merely no terms to spell out. We have read through and i also am confident that i will gonna read yet again again in the future. You will not sense monotony at anytime of your own time (that's what catalogs are for about should you question me). (Pasquale Larkin I)

HEALING POWERS OF VINEGAR



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Kensington Publishing, United States, 2016. Paperback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. From Folk Medicine to Modern Miracle-- Discover the Amazing Powers of Vinegar! Discover the healing powers of apple cider vinegar--now widely recognized as a valuable weight loss tool and a potent elixir. Find out how vinegar s curative powers can also help prevent age-related diseases like cancer, heart disease, and bone loss. Learn how red wine vinegar contains the same important antioxidants as red wine--without the alcohol. Put dozens more home remedies to work for treating allergies, arthritis, toothache, sunburn, swimmer s ear, sore throat, and other pesky ailments. You ll also find a wealth of natural beauty treatments and environment-friendly household hints--from making kitchen countertops sparkle to cleaning up kids and pets. Incorporating the latest scientific evidence, plus Mediterranean-style heart-healthy fisheterian recipes, The Healing Powers of Vinegar is a must-have, invaluable resource that will show you how to make the most of this proven powerful healer! Wonderfully useful for everyone interested in health. --Elson Haas, M.D., author of Staying Healthy with Nutrition.



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