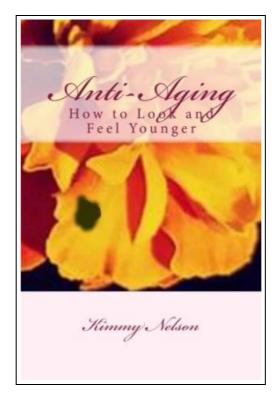
Anti-Aging: How to Look and Feel Younger (Paperback)



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Reviews

Very beneficial to any or all group of folks. I was able to comprehended everything using this composed e ebook. I am pleased to inform you that here is the finest publication i have study inside my individual daily life and might be he very best pdf for actually.

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Large Print. Language: English . Brand New Book ***** Print on Demand *****. Anti-Aging; How to Look and Feel Younger is authored by Kimmy Nelson who has five years of University level education in Health Sciences and over ten years in homeopathy studies and anti-aging research. This book gives simple solutions that can usually be found right in your kitchen cupboards. She shares information about common illnesses and how to treat them from a holistic approach. She doesn t just tell you ways that you can just treat the symptoms rather gets to the root and tries to remedy it from the starting point. Rest is essential for the healing properties to manifest speedily. And a healthy environment is also important to get optimal results. Kimmy Nelson guides you to a natural path for anti-aging and health. Using a Healing Approach to master Disease Control and operate in Preventive Health care as well as Traditional and Conventional Medicine applied conservatively. She shares information on how and when to use a formula from skin care doctors on the best way to remove wrinkles naturally. She also shares information on how to maintain younger looking skin without spending a fortune. And how to get rid of dark circles under the eyes. She teaches you what causes wrinkles and how to prevent them in a healthy manner. Most of the ingredients can be made from ingredients already in your cupboards or medicine cabinet.



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