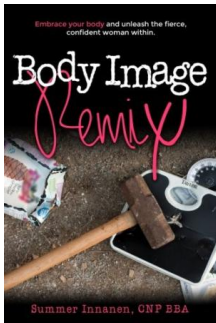


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## BODY IMAGE REMIX: EMBRACE YOUR BODY AND UNLEASH THE FIERCE, CONFIDENT WOMAN WITHIN



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In this refreshingly amusing self-help guide, body image expert Summer Innanen gives you the low-down on why changing your body image isn't about changing your body-it's about changing your mindset. With her not-so-PG stories and cheeky advice, you'll learn how to unconditionally love yourself and unleash the radiant, badass woman within. This book will help...

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