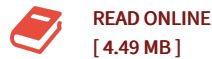


## My Grandma s Vegan Recipes (Full Color Book): 85 Traditional Tuscan Dishes to Keep Healthy and Relish All Year Round (Paperback)

By Dr Fabrizio Baroni

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book contains a selection of vegan traditional Tuscan (Italy) recipes, handed down through the generations, suitable for those who follow a vegan diet. They are taken from the same manuscript of the book by the same author Granny s Recipes (Sarnus, 2013). In the manuscript the author, a physicist with a penchant for gastronomy, had transcribed the recipes revised by his Grandmother. Family recipes are a priceless heritage, especially in Tuscany. Furthermore, they always add something special to the usual preparation that makes them even tastier. Of course, Tuscan traditional cookery is not vegan, but a part of its recipes are just vegan on their own, or are adaptable by small changes. All the veganizations contained in the book are accompanied by a commentary explaining how they were made.



### Reviews

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