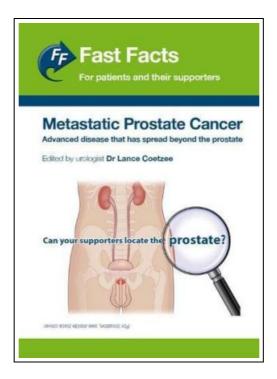
# Fast Facts: Metastatic Prostate Cancer for Patients and their Supporters (Paperback)



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## Reviews

Thorough information! Its such a good study. Sure, it is perform, still an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding. *(Evie Emmerich)* 

## FAST FACTS: METASTATIC PROSTATE CANCER FOR PATIENTS AND THEIR SUPPORTERS (PAPERBACK)



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Health Press Limited, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Information + Taking Control = Best Outcome is the theme running throughout this short, superbly illustrated workbook. Designed to help patients equip themselves with the best information about metastatic prostate cancer, it covers: \* how prostate disease spreads and where it can spread to \* a summary of diagnostic tests with detailed explanations to aid understanding of PSA levels, staging and Gleason score \* all the hormone treatment options and their side effects \* what to expect from the disease itself \* how to manage key symptoms such as bone pain, urinary problems and fatigue \* the treatment options when hormone treatment stops working \* useful advice on diet, exercise, and getting the right support \* a frank discussion of end of life care \* a concise overview of the latest research in this area. With FastTests to test patients understanding of their condition, handy checklists and plenty of space for patients and their doctors, nurses and family to write notes, this concise, easy-to-read resource will help patients get organized so that they are better equipped to ask the right questions and have more meaningful discussions about their treatment. Ultimately, it will help them make the best decisions about their care.

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