



Antioxidants: How to Not Get Sick (Paperback)

By James Paul

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.If you are worried about your immune system and fighting off dangerous free radicals READ THIS BOOK! Is this book for you? I m not sure, do you leave your house? If you answered yes, than you need to read this book NOW! What if everything you knew about not getting sick was wrong? What if what you thought you were doing right, was killing you slowly? Do you know for a fact that the supplement you are taking is actually benefiting you, and not in turn helping free radicals in your body cause damage? I cover 20 awesome antioxidants that I have seen the benefit from first hand in a very entertaining and educational read. At the end of this book immune is something you could be saying all the way to optimal health, wellness, etc. If you think the vitamin C cancer-correlation is a bit out there, read this. If you think vitamin D therapy is the best thing out there, read this. Have you ever heard vitamin c infectious diseases and toxins curing the incurable ? I hate to break...

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