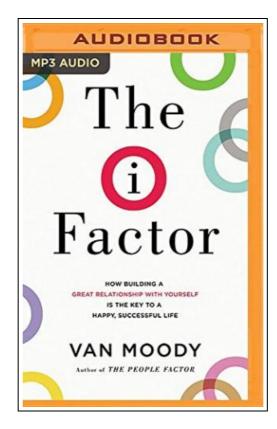
# The I Factor: How Building a Great Relationship with Yourself Is the Key to a Happy, Successful Life



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#### Reviews

The most effective pdf i possibly read. It is amongst the most amazing publication i actually have go through. You are going to like the way the author publish this pdf. (Chelsea Durgan PhD)

## THE I FACTOR: HOW BUILDING A GREAT RELATIONSHIP WITH YOURSELF IS THE KEY TO A HAPPY, SUCCESSFUL LIFE



Thomas Nelson on Brilliance Audio, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Pastor Van Moody, author of The People Factor, rips the veil of secrecy from people s deepest and most intimate struggle--the one with themselves--and sets readers on the road to personal wholeness, security, and success. The fundamental question behind every struggle we face is this: How do I deal with myself? Van Moody calls this the I-Factor, the combination of dynamics that converge to form the totality of a person s relationship with him- or herself. More than self-worth or self-respect, beyond character and perception of purpose, the I-Factor is about managing yourself--your whole life--well. And in this inspiring new book, Moody reveals how to get hold of the I-Factor. To win the battle with the I-Factor, a person must have a proper understanding of three dynamics: identity, significance, and perspective. When you understand your identity you know who you are, which is the foundation of everything. When you understand your significance, you get in touch with the purpose and the greatness for which you were created. And when you understand perspective, you can view the problems you face as stepping-stones to greatness instead of stumbling blocks. Weaving together personal stories, practical principles, and profound biblical truth, The I Factor provides readers with the key to achieving the life of greatness that they are destined for.

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