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You Are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life (Paperback)

By Jen Sincero

Hodder Stoughton General Division, United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book. THE NEW YORK TIMES BESTSELLER EVERYONE IS TALKING ABOUT YOU ARE A BADASS IS THE SELF-HELP BOOK FOR PEOPLE WHO DESPERATELY WANT TO IMPROVE THEIR LIVES BUT DON T WANT TO GET BUSTED DOING IT In this refreshingly entertaining how-to guide, bestselling author and success coach, Jen Sincero, serves up 27 bitesized chapters full of hilariously inspiring stories, sage advice, easy exercises, and the occasional swear word, helping you to: - Identify and change the self-sabotaging beliefs and behaviours that stop you from getting what you want- Create a life you totally love. And create it NOW- Make some damn money already. The kind you ve never made before. By the end of You Are a Badass, you ll understand why you are how you are, how to love what you can t change, how to change what you don t love, and how to use The Force to kick some serious ass. ALSO OUT NOW: YOU ARE A BADASS AT MAKING MONEY The must-have follow up to You Are A Badass.

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