



The Widow Next Door: Learning to Live Again as a Young Widow and Single Mom After Losing My Husband to Suicide (Paperback)

By Heather Cruz

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. My name is Heather and this is my story. It follows me from marrying my best friend and succeeding through an infertility struggle, to becoming a widow and ultimately a single mother. This is the journal of my life after losing the love of my life to mental illness and suicide. My hope is to help others out there who may be travelling a similar path as I am. I had a rather normal life. I was twenty-eight years old, married to a wonderful man, seven months into motherhood, and following my expected career path. In one night, with the shocking discovery of my husband's death, everything changed. I needed a way to heal, to grieve, and to get the demons out of my head. I needed a way to make something positive from the trauma I had been handed. That was the start of my blog, The Widow Next Door. This book is the story of that journey. It is a day-to-day journal of the raw truth of what I was living and how I survived. When I began...

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