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By Sherell Brown-Mitchell

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Extrovert people are the best ones. Aren t they? They are the life and soul of the party, they get the best jobs, they re happier, more successful and their lives are simply so much better than yours. Introverts, we are told, by comparison, are failures. Or are they? In reality introverts are better listeners, have greater ability to focus on a task and just require less stimulation. They avoid conflict whenever possible and are able to express themselves better in writing, rather than speech. There s nothing controversial in any of the above, and in this illuminating and definitive book, An Introvert s Guide to Being Successful and Happy in an Extrovert Society, you will learn that success does not require an extrovert nature. While the book examines what introversion is, it doesn t place it in a box. Some introverts are shy, but not all for example. Some are quiet and don t like socialising, but not all are like that. It looks at the constructive aspects of being introverted and seeks to show the reader the...

Reviews

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