



## Listening, Learning, Caring and Counselling: The Essential Manual for Psychologists, Psychiatrists, Counsellors and Other Healthcare Professionals on Caring for Their Clients (Hardback)

By Dr. Cate Howell

Exisle Publishing, Australia, 2016. Hardback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. At the centre of any caring role is listening attentively to the concerns, narratives and needs of others. But to develop the skills of listening, learning, caring and counselling (LLCC) you need support and training. Written by an experienced and awarded therapist, Listening, Learning, Caring and Counselling is an authoritative, comprehensive guide full of ideas and techniques designed to fill that role. The main emphasis of this highly accessible reference work is on how health and related professionals can assist clients as they work through the issues they commonly present with - such as depression, relationship issues, addiction and grief. Numerous therapies and their related techniques are described and synthesized into the LLCC approach, while case studies, skills and tips for everyday practice make it a practical and user-friendly resource. Listening, Learning, Caring and Counselling is essential reading for counsellors, support workers, case workers, medical practitioners, health professionals - from physiotherapists, pharmacists, doctors, dentists and their assistants to nutritionists and naturopaths - serious life coaches and emergency workers, as well as those in the fields of human resources.



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