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Jl Publishing LLC, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.THE PALEO DIET IS NOT EASY, AND IT OFTEN DOESN T WORK Like millions of other people, we ve gotten amazing results by eating a Paleo diet. But we failed many times before we were able to stick to it and before we got the results we wanted. And that s the case for a LOT...

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- Authored by Louise Hendon, Jeremy Hendon
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