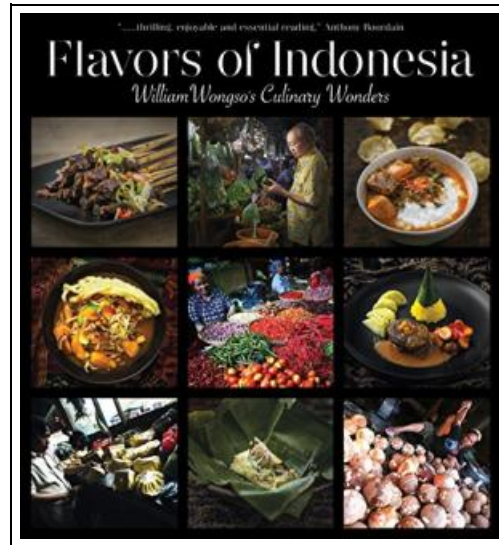


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BAB Publishing Indonesia. Hardcover. Condition: New. 198 pages. and hellipi;thrilling, enjoyable and essential reading Anthony BourdainFor Indonesians, plats du jour come in perhaps far too many choices. But Rendang Padang is an absolute favorite. Its sheer goodness comes from a thick, caramelized beef curry that churns out the aroma of spiced coconut milk and the molten sugar of ripe coconuts. The final look is somewhat blackened, but not burnt. In this heavenly dish lies the quintessential taste of Indonesia rich yet subtle, both complex and elegant. However, that is not to say that the vastness of Indonesia's culinary treasures can be reduced to one single dish. Each region in Indonesia is home to distinctive cuisine, many of which can be traced back through an exciting history. In this great nation, food is about a harmonious mTlange of diverse flavors, passions, religious, beliefs and tradition. At home, Indonesians customarily put all the dishes on the table at the same time. Sambal (hot sauce) or kecap manis (sweet soy sauce) are set apart as an option to add according to personal preference. Fresh green leaves serve as a salad to accompany the meal. The rest is a combination of different kinds of cooking: deep-fried crispy, boiled, curried, grilled or stewed (the harmonious of sweet, sour, hot, salty and aromatic). This book introduces readers to the regional specialties and characteristics of the world's largest archipelago. Connoisseurs and foodies, as well as those with a general interest, will appreciate the detailed descriptions of the culinary treasures in each region, complemented by their historical backgrounds. William Wongso will take you on a journey from the enchanting West to the mysterious East of Indonesia. You'll retrace the religious, architectural and culinary ascendancy of royal Java as seen through the islands' royal cuisine. Learn more about old spices...

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