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# CANDLING FOR OPTIMAL HEALTH: COMMON AND LESSER KNOWN BENEFITS



Findhorn Press Ltd. Paperback. Book Condition: new. BRAND NEW, Candling for Optimal Health: Common and Lesser Known Benefits, Jili Hamilton, Candling for Optimal Health guides the reader in the use of ear candles or cones and is a comprehensive account of the candles uses and their beneficial effects. Suitable for both the lay-person and complementary therapists, the book gives case histories of people who have found relief from hearing loss, sinusitis, tinnitus, headaches, ear ache, stress and other health problems...

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- Authored by Jili Hamilton
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