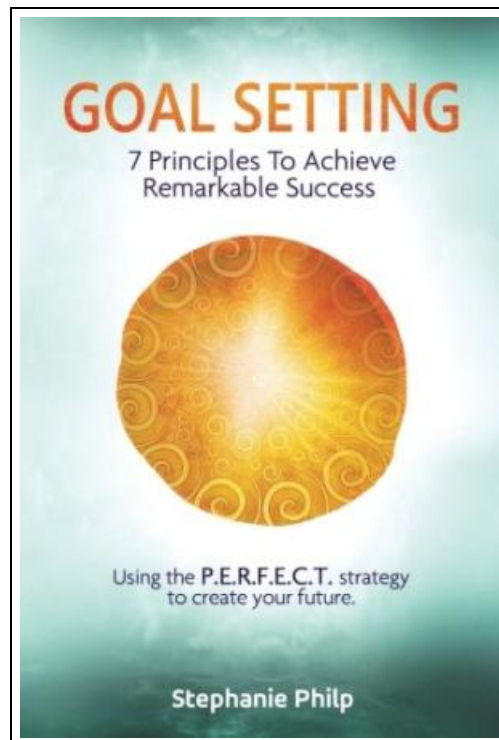


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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.It Would Be Nice If Setting And Achieving A Significant Goal Was Simple While it can be easy, it s rarely simple If you set simple, short-term and straightforward goals, then the journey to achieving those outcomes might also be simple, short-term and straightforward. But what about when you want to create your dreams - your future? Often these kinds of goals are anything but straightforward. They involve many facets that can take you in multiple directions over a significant timeframe. It s easy to get sidetracked or even completely lost! Distractions and obstacles can push you off course; lack of motivation, indecision, overwhelm, procrastination, dealing with people who try to deter you from pursuing your goal, etc., etc. The journey to success frequently has many twists and turns, compelling you to grow and develop to attain it. The seven principles that make up P.E.R.F.E.C.T. Goal Setting act as lanterns lighting the way to your goal. This easy-to-read book distils, combines and applies the latest research from neuroscience and quantum physics with spiritual laws, metaphysics and Neuro Linguistic Programming (NLP) to provide an easily accessible goal setting and goal achievement book. Packed with examples that illustrate or clarify each principle, this book has a refreshingly humorous and common sense approach. Use it to set and achieve goals that will stretch and challenge you while you experience the energy, joy and fun that comes with creating the future you want. You ll find the answers to these and many other questions: Is it better to set a lesser goal I may overshoot, or a huge gigantic goal I might not attain? Why do short term goals seem easier to attain than long-term goals?...



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