



How to Make Natural Body Scrubs (Paperback)

By Dr Miriam Kinai

Createspace Independent Publishing Platform, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.How to Make Natural Body Scrubs teaches you how to make homemade, handmade, healing exfoliants. How to Make Natural Body Scrubs also teaches you the best vegetable oils, essential oils, and herbs to use to make exfoliants for normal, sensitive, mature and dry skin types as well as to help manage cellulite, eczema, psoriasis, menopausal symptoms, pre-menstrual tension (PMS), painful periods, arthritis, stress, sadness or depression, mental exhaustion, and insomnia or sleeplessness.



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