



The Field Guide to Human Personalities: Go Beyond Personality Tests to Discover the Real You! (Paperback)

By Paul Wagner

Paul Wagner, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. EXPLORE YOURSELF OTHERS! Written by 5-Time EMMY Winning writer/actor Paul Wagner (paulwagner., this book is a friendly guide, a personal development tool and the start of a conversation. With a fairly broad stroke, this book explores a perceived subset of the spectrum of colorful personalities and attributes that operate within the collective human psyche. By exploring and finding empathy for these attributes, we move closer to the source. By seeing ourselves in every living being we experience and interact with, we become free. Beautiful, full-color illustrations by renowned artist Loukia Kyriakidou bring to life the look and feel of each personality. The book delves into the spiritual, psychological, emotional and behavioral aspects of each personality and provides a morsel of insight into how we might improve or celebrate each one. Each chapter lists the challenges and strengths of each persona, along with a list of healing modalities that can help the personality transform in a given moment. You are invited to explore, embrace, forgive and celebrate these aspects within yourself and others. May you move successfully past your stories and closer to emotional and...



Reviews

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