



## Rising Sun: The Second Dawning Soul Consciousness (Paperback)

By Cynthia Sandridge

Balboa Press, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Rising Sun: The Second Dawning Soul Consciousness is an empowering tool designed to illuminate the infinite center of self. It is a collection of spiritual poems that honor holistic pathways for healing suffering. Insights of self-actualization strengthen acknowledgement of the all-powerful presence within, and a transcendent bridge of conscience connection transforms fragmented beliefs of a separate self to knowing the enlightened oneness of creative expression. Nurturing inner awareness, the book includes simple self-care activities such as breath work, visualization, introspection, mindful meditations and self-analysis allow the light of the immortal nature within to shine through to the forefront of awareness. As the greater light of inner peace dawns, the reality of divine attributes broadens, expressed accordingly as the birth of a new day for you.



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## Reviews

It is an awesome publication which i actually have ever read through. it had been writtern really properly and valuable. I found out this book from my i and dad recommended this pdf to discover.

-- Doyle Schmeler

This book is definitely not simple to begin on studying but quite fun to see. I actually have read and that i am sure that i will gonna read through yet again once again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Brennan Koelpin