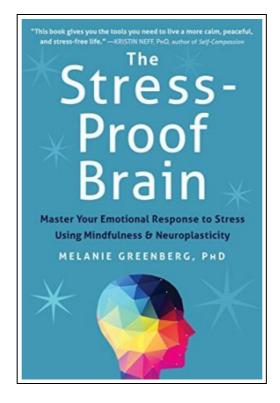
## The Stress-Proof Brain: Master Your Emotional Response to Stress Using Mindfulness and Neuroplasticity (Paperback)



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