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A Year of Practiculture

By Rohan Anderson

Hardie Grant Books. Hardback. Book Condition: new. BRAND NEW, A Year of Practiculture, Rohan Anderson, Rohan Anderson left his desk job in the city for the richer pleasures of living a simpler life on the land. Over the years he has developed his own principle of practical living. Practiculture is a lifestyle choice. It's about direct involvement in the day to day elements of living, and at the heart of it, the rewarding choice to grow, hunt and forage beautiful, healthy, sustainable food. A Year of Practiculture features 100 of Rohan's simple, rustic, seasonal recipes, as well as his observations, victories and failures, and the realities of living a practical life surrendered to the bounty (and hardships) of the land through the seasons. All written in Rohan's passionate, funny, no-nonsense style. Recipes include lamb with french flageolet beans; cold smoked bacon; grilled broccoli, almond and siracha salad; Australian salmon with pimenton crust with chili aioli; bottling fruit; elderflower cordial; crumbed quail with roast beetroot mash; sourdough bread; venison port pie; kangaroo ankles (kankles); forest mushroom and onion pie and more! This is the ultimate guide to living by the land in modern times, illustrated throughout with stunning photographs of the...


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Reviews

It is great and fantastic. Better then never, though i am quite late in start reading this one. Your life period will likely be transform once you comprehensive reading this book.

-- Blanca Davis

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- Prof. Dan Windler MD