



Person-Centred Counselling Training (Paperback)

By Dave Mearns

SAGE Publications Inc, United States, 1998. Paperback. Condition: New. Language: English . Brand New Book. ` This thoughtful and thought-provoking book is essential reading not only for those involved in the training of counsellors within the person-centred approach, but also for individuals who may have simplistic, dismissive or otherwise ill-informed notions of the depth of self-awareness required of the person-centred practitioner and the far-reaching challenges offered by the approach. For counsellors who define themselves as person-centred but who have had no substantial training, it should be compulsory reading - British Journal of Guidance Counselling Person-centred counselling probably requires more training - and a greater intensity of training - than most other mainstream counselling approaches, but until now no one book has concentrated solely on the principles, practices and requirements of training person-centred counsellors. Dave Mearns has drawn on the lived experiences of both trainers and trainees to demonstrate the potential range and importance of training in this field. The material covered includes selecting and supporting trainers, selecting course members, skills development, supervision and other professional issues - essential features of all counsellor training, but of particular relevance to the person-centred approach. Written expressly for both trainees and trainers, this book also...



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