



## Heal Your Cancer: Emotional and Spiritual Pathways

By Bruno Cortis

Blue Dolphin Publishing, United States, 2015. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Heal Your Cancer Emotional and Spiritual Pathways Bruno Cortis, M.D. Five years ago the author was diagnosed with leukemia. He felt isolated and overwhelmed. Like other cancer patients what he needed most was to find peace of mind and meaning in what life he had remaining. Cancer is like a flame that melts and purifies you. It touches you deeply and compels you to look for reasons deep inside yourself. You look and look until ultimately, in a moment of humility, you gain a clear vision of life's illusions and you see the truth: all things change, nothing is permanent, even your life. In essence, cancer teaches you to make peace with your imperfections and with all that is unknown. Dr. Cortis' life experience as a physician and now as a patient has taught him that cancer affects the body and the mind. With proper treatment, the body recovers first. The mind, however, particularly the Ego, needs time to get well and overcome the negative emotions such as fear, depression, and a sense of the...



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