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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Workbook. Language: English . Brand New Book ***** Print on Demand *****. GET THE LOOK 2 GET BOOKED! GET HOOKED 2 MODELSCULPTFITNESS! Modelsculptfitness is a specialized bootcamp workout and fitness workbook for actors, singers, dancers, and performers. As a former Talent agent with many years in the entertainment industry, my goal was to design a cool, hip and fun fitness method to address the needs of talented performers. The focus...

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- Authored by Toni Hopper
- Released at 2015



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