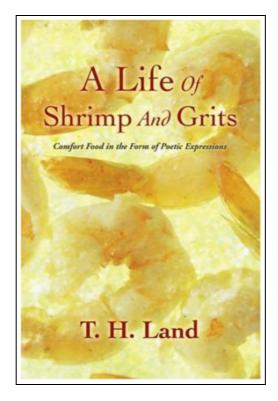
# A Life of Shrimp and Grits: Comfort Food in the Form of Poetic Expressions



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iUniverse, United States, 2007. Paperback. Book Condition: New. 223 x 147 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A Life of Shrimp and Grits was inspired by the pleasure and pain that we experience in our lives. It is about attaining the inner strength that we all have to overcome an abuser, an unfaithful partner or the loss of a loved one. In addition, it celebrates in the pleasures of children, relationship, and love. A Life of Shrimp and Grits is not solely based on my personal life experiences, it s also a voice for those who are going through their own individual struggles but have no voice. A Life of Shrimp and Grits encourages strength and faith as well as embraces friendship and pleasure. A Life of Shrimp and Grits is food in the form of poetic expressions that discusses the good, the bad, and everything in between. These a few of the titles included: - Pleasure Zone - Another Woman s Man - Becoming A Man - Do Not Settle For Less - Struggling To Survive - The Proposal - A Better Day.



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