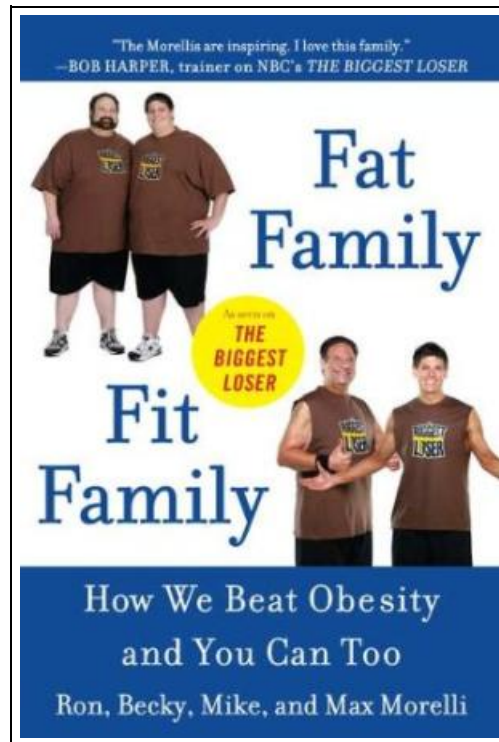


## Fat Family/Fit Family: How We Beat Obesity and You Can Too



Filesize: 4 MB

### **Reviews**

*This type of publication is every thing and helped me seeking ahead and much more. It usually fails to charge too much. It is extremely difficult to leave it before concluding, once you begin to read the book.*  
*(Juliet Mertz)*

## FAT FAMILY/FIT FAMILY: HOW WE BEAT OBESITY AND YOU CAN TOO



Penguin Putnam Inc, United States, 2011. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book. The inspiring true story behind the weight-loss saga chronicled on NBC's blockbuster show, The Biggest Loser. There's no getting past it: the Morellis were a fat family. From cookie dough and pizza binges to extreme plastic surgeries, Ron, Becky, Mike and Max Morelli experienced the swinging pendulum of weight loss that so many Americans know all too well. But when Ron and Mike were accepted as contestants on The Biggest Loser, the Morellis lives changed forever. Ron, at 430 pounds, and 18-year-old Mike, at 388 pounds, made it to the final four, losing a whopping 399 pounds combined. Fat Family/Fit Family also tells the story of wife Becky and youngest son, Max-the story not seen on TV, but relatable to scores of American families, the story of what happens when two foodaholics meet, fall in love, get married and raise (almost inevitably) foodaholic kids. Sharing the eye-opening perspective of each family member, Fat Family/Fit Family chronicles the Morellis amazing journey in dropping over 700 pounds together, from the emotional and physical struggles of obesity to the triumph of their newfound healthy lifestyle. Obesity doesn't just happen in a vacuum-it starts in homes like the Morellis, and it can end there, too. Fat Family/Fit Family is an ultimately inspiring story about the healing power of family.



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## Relevant Books

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### **The Adventures of a Plastic Bottle: A Story about Recycling**

SIMON SCHUSTER, United States, 2009. Paperback. Book Condition: New. Children s Tk, Pete Whitehead (illustrator). Original ed.. 203 x 196 mm. Language: English . Brand New Book. Learn about recycling from a new perspective! Peek...

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### **Odd, Weird Little**

Egmont USA, United States, 2015. Paperback. Book Condition: New. Reprint. 190 x 132 mm. Language: English . Brand New Book. New in paperback! \* At last: a humorous, useful and pedantry-free book about bullying! --...

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HarperCollins Publishers Inc, United States, 2014. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A highly personal and moving true story of friend-ship and...

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### **The Mystery at Big Ben**

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**Slavonic Rhapsodies, Op.45 / B.86: Study Score**

Petrucci Library Press, United States, 2015. Paperback. Book Condition: New. 244 x 170 mm. Language: English Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The first of the three Slovanske rapsodie was composed from February 13

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**Dude, That s Rude!: (Get Some Manners)**

Free Spirit Publishing Inc.,U.S., United States, 2007. Paperback. Book Condition: New. 178 x 127 mm. Language: English . Brand New Book. Kids today need manners more than ever, and Dude, That s Rude! makes it

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**The Golden Spinning Wheel, Op. 109 / B. 197: Study Score**

Petrucci Library Press, United States, 2013. Paperback. Book Condition: New. 579 x 401 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The composer worked on this symphonic poem from January to April

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**Fox Tales for Kids: Fifteen Fairy Stories about Foxes for Children**

Createspace, United States, 2012. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Fifteen short stories about foxes are selected from several books of fairy tales

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Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you looking for a children s book that is highly entertaining, great

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