



## Chromatic Labyrinths Mandalas for Serenity: Mandalas for Serenity and Mindfulness (Paperback)

By Juan D Abad

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Mandala. a word from Sanskrit that means circle. Mandalas are a symbol of great significance in Hinduism and Buddhism, and have also become common in the Western culture. Mandalas are said to have the power to promote spiritual guidance and relaxation, amongst other properties. Many positive properties are attributed to mandalas, but one that is not very talked about is the sacred, fun space that they create for you, the person that colors it. Chromatic Labyrinths is my first coloring book, a mandala coloring book, in a series of adult coloring books, which contains 50 mandalas that have been created to provide a pleasant, self-entertaining and relaxing experience, based on the meaning of this powerful symbol. Enjoy your book!.



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