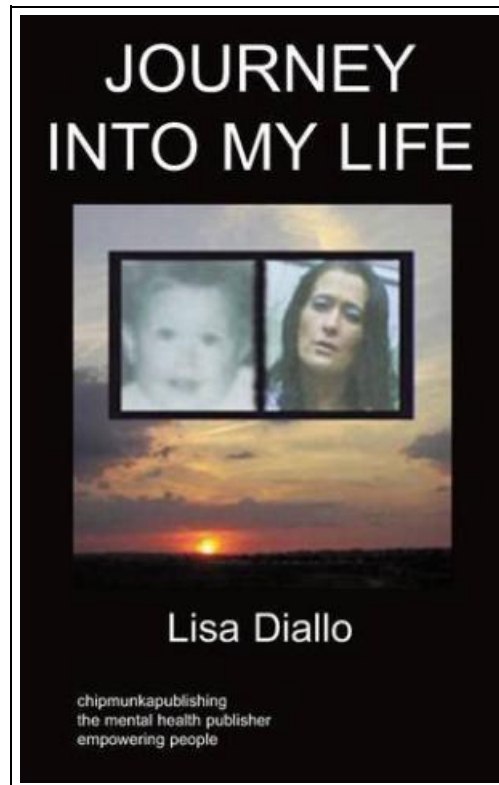


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JOURNEY INTO MY LIFE: AVOIDANCE DISORDER



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Chipmunkapublishing, United Kingdom, 2009. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Description Everything that you read in this book is a moment in my life, as you are probably familiar with the facts that we all have our ups and downs as our lives are a constant chain of experiences, there are times when we can wonder if it is worth carrying on due to relationship break ups, lack of self worth or even just the our general day to day living, and i hope that my experiences good or bad may help or guide or even give other people a some hope that there is light at the end of the tunnel, this book shall go through experiences that at some point we can all relate to you, rejection, depression, relationship difficulties loss of loved ones, children, and also the love that we often hold for our families, but even the deceit and uncaring way that some parents and grandparents etc can also deliver, and so i hope and pray that you have had fewer of these times than me as all poems in this book are of situations that i have been in, love that i had and lost, children that i bore and the ones i did not bare, and also difficulties of losing my children my home etc and most important of how i got through all of this as there are words of comfort and support. i have used poetry for the last 17 years to express my anger i found that it helped me to write everything down what i was feeling rather than punching out or harming myself, and the fact that i then made it into poems gave me a great...



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