



A Cancer Battle Plan:Sourcebook (Paperback)

By David J. Frahm

Penguin Putnam Inc, United States, 2001. Paperback. Condition: New. Language: English . Brand New Book. Since its publication, A Cancer Battle Plan has sold more than 200,000 copies and continues to be a source of inspiration and information for people struggling with cancer and other degenerative diseases. Now, Dave Frahm offers a companion book of practical help and guidance for those who want to build a natural program to lighten their toxic load, better their health, and find a healthy, safe way to fight chronic disease. In A Cancer Battle Plan Workbook readers will start to regain control of their health and learn how to: * identify the stressors impacting health; * detoxify the body; * restore the body s natural healing power and protective system; * assess how the body is performing and what help it needs; and * develop six key characteristics of people who have won back their health. With A Cancer Battle Plan Workbook, readers can begin to win the war against cancer.



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