



Herbal Healing for Children (Paperback)

By Demetria Clark

Book Publishing Company, United States, 2010. Paperback. Condition: New. New.. Language: English . Brand New Book. Master herbalist Demetria Clark gives parents safe and effective alternatives to powerful medicines whose side effects can make their children feel worse. This easy-to-follow, hands-on, practical guide provides information on how to make alternative medications to resolve common childhood health issues: easy teas for a tummy ache, drops for earaches, treatments for eczema and diaper rash, and much more. Included is an introduction to herbal medicine, an explanation of how each herb works and what conditions each is prescribed for, and important information about herbs you should always have on hand for daily use and first aid. Childhood illnesses are listed in alphabetical order, with remedies immediately following. Ready made and readily available herbs and herb products make it easy to administer herbal medicines at home. But Herbal Remedies for Children will also show you how to gather your own herbs; how to preserve and store them; and how to make your own herbal teas, decoctions, infusions, and salves. The book also includes resources for everything from where to buy herbs, how to grow them, and how to locate a local herbalist.



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Reviews

It is one of the most popular publications. It really is written in easy words and not difficult to understand. You are going to like how the author writes this book.

-- Prof. Evans Balistreri DDS

Completely essential go through book. This is for all who state there had not been a worthy of reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lydia Legros