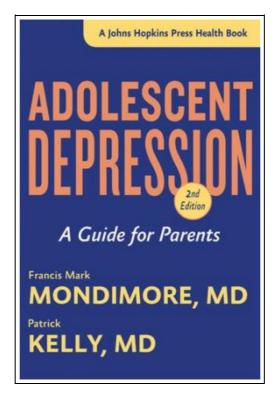
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# ADOLESCENT DEPRESSION: A GUIDE FOR PARENTS (HARDBACK)



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JOHNS HOPKINS UNIVERSITY PRESS, United States, 2015. Hardback. Condition: New. second edition. Language: English . Brand New Book. In Adolescent Depression, psychiatrists Francis Mark Mondimore, MD, and Patrick Kelly, MD, explain that serious depression in adolescents goes beyond moodiness. Depression is in fact an illness-one that can be effectively treated. The authors describe the many forms of depression and the many symptoms of depression in young people-from sadness to irritability, self-harm, drug and alcohol abuse, and violent rages. Incorporating the latest research from the field of adolescent psychiatry, this comprehensive and compassionate guide answers questions that many parents have, including \* What are the symptoms of depression in teenagers? \* How is depression diagnosed?\* What is the difference between depression and bipolar disorder, and which does my child have? \* How can I find the best mental health professional team for my child? \* What kinds of counseling and psychotherapy are available? \* Are medications safe, and how does a doctor choose a medication for my child?\* What can I do if my adolescent is using alcohol, crystal meth, marijuana, or other substances?\* How do autism and Asperger s syndrome, eating disorders, premenstrual dysphoric disorder, ADHD, and disruptive mood dysregulation disorder interact with depression? \* What should I do if I sense that my child is in danger? \* With all of this going on, how can I take care of myself?.



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