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Transforming Conflict into Consensus 9 Keys to Synergy

By Mr. Trip Barthel

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 182 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Affirmative Facilitation (AF) focuses on positivity in conflict resolution, promoting meaning through living an authentically happy life. This is done by choosing actions that promote individual and group growth and prosperity. Life ranges from suffering to happiness, and while suffering is painful, it is occasionally necessary to achieve growth. This book is about using a positive approach to solve difficult problems. However it is more than mere problem solving. It is a way of changing your approach and perspective on how you live your life. AF works beyond only solving the conflict, and incorporates Positive Psychology and emotional intelligence to resolve the issues, to improve the relationship, and to promote human flourishing, for both the individual and the community. Just as psychology has moved from correcting the bad to building upon the good through Positive Psychology, so can AF move from short term solutions to creating and restoring peace and harmony. In this continuing evolution of conflict resolution, AF seeks to introduce a process based on meaning, harmony and happiness. The fields of Emotional Intelligence and Positive Psychology...



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