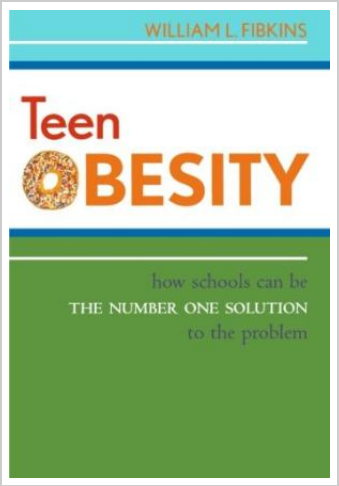

DOWNLOAD

Teen Obesity: How Schools Can Be the Number One Solution to the Problem

By William L. Fibkins

R&L Education. Paperback. Condition: New. 230 pages. Dimensions: 8.8in. x 6.0in. x 0.8in.There is an epidemic of student obesity in America, and educators are ideally situated to identify, intervene, educate, and support overweight students who are headed for long-term illness or premature death. Such an effort will require changes in the way that schools operate. These changes can be implemented with a low-cost budget and by restructuring staff and resources that are currently in place. Fibkins proposes a Circle of Wellness model for schools that includes an intervention effort to promote a health-oriented cafeteria; increased physical activity; healthy levels of blood pressure, cholesterol, and blood sugar; life-skills training groups offered by counselors; outreach to parents; and easy access and referral to community health, mental health, and recreation resources. Teen Obesity will be of interest to administrators, teachers, and parents. To learn more, visit www. williamfibkins. com. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

READ ONLINE
[4.72 MB]

Reviews

This created ebook is great. it was writtern very properly and useful. Its been printed in an exceedingly easy way in fact it is just right after i finished reading this pdf where basically modified me, alter the way i think.
-- ***Aglae Becker***

This ebook is definitely worth buying. It is definitely basic but excitement within the fifty percent in the ebook. Its been designed in an extremely straightforward way which is merely following i finished reading this ebook where basically changed me, alter the way in my opinion.
-- ***Ward Morar***

Relevant Books

DK Readers Animal Hospital Level 2 Beginning to Read Alone

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured duck to the vet, it is just...

DK Readers Day at Greenhill Farm Level 1 Beginning to Read

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...

Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...

Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and Values

Summer Fit Learning. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.6in. x 8.3in. x 0.5in.Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core...

The Day I Forgot to Pray

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she makes her first school-aged friend, Elizabeth, and...

DK Readers Disasters at Sea Level 3 Reading Alone

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.From fog, ice, and rocks to cannon fire and torpedo attacks--read the story of five doomed sea voyages and the fate of those who took part in them....