



## Tight Buns : Fat Loss in 30 Days or Less with Flowologee (Paperback)

By Sakani D Angeles

Createspace, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Tight Buns , is a resource for Brides to Be and Brides Maids to get in shape, become thinner and look their best for the big day. Tight Buns is a healthy quick alternative to crash diets and unhealthy starving that Brides to Be and Brides Maids practice. It is also effective for women who wish for a easy, safe and quick way to become, tighten their buns and tone up their body within a month s time! To a new you for any day and or the Wedding Day! Respectfully, Sakani D Angeles Please do not keep me a secret!.



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