



Sideline Help

By Marshall K. Steele

Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, Sideline Help, Marshall K. Steele, This manual has the information readers need to respond correctly to all 18 common sports injuries. It provides practical advice for making important decisions when an athlete is hurt and a medical professional isn't available. The book covers critical injuries, internal organ injuries, facial injuries and extremity injuries. For each injury, an easy-to-follow flowchart guides readers step-by-step through an on-field and sideline evaluation process. The flowcharts help them determine the type of injury sustained, the athlete's physical and mental status, the severity of the injury, whether to call for emergency help, whether the athlete needs to see a doctor, what first aid procedures should be started, and whether it is safe for the athlete to return to play.



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Reviews

Extensive guide! Its such a excellent read. This can be for anyone who statte that there was not a worth looking at. I am just effortlessly will get a satisfaction of looking at a written publication.

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-- Dr. Easton Collier DVM