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Tibetan Medicine: Ancient Chinese Healing to Rejuvenate Mind, Body, and Soul

By The Healthy Reader

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Discover All You Need To Know About Ancient Chinese Healing To Rejuvenate Mind, Body, And Soul BONUS - Get Your Free 10,000 Word Report on 55 Power Habits Figure Out How To Diagnose Basic Disorders By Yourself Tibetan medicine is mysterious to many people, but this book is meant to enlighten people about Tibetan medicine. It ll even teach you some of the formulas you re able to use at home through Tibetan medicine. There are many practices, medicinal formulas, and medicinal herbs that are used in Tibetan medicine, and there are even therapies that are unique to treating various ailments. Tibetan medicine has been practiced for thousands of years, and it has been perfected as a holistic treatment for many illnesses. The only way to really understand Tibetan medicine is to experience it firsthand, but you first need to understand at least a basic concept of what it is and how to start. This book can help. 7 Reasons to Buy This Book: 1.In this book you ll learn exactly what Tibetan medicine is. 2.In this book...



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