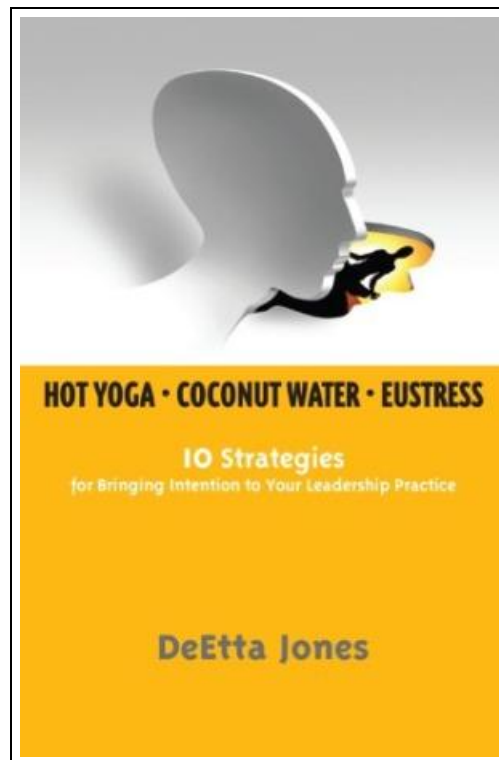


## Hot Yoga, Coconut Water and Eustress 10 Strategies for Bringing Intention to Your Leadership Practice



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