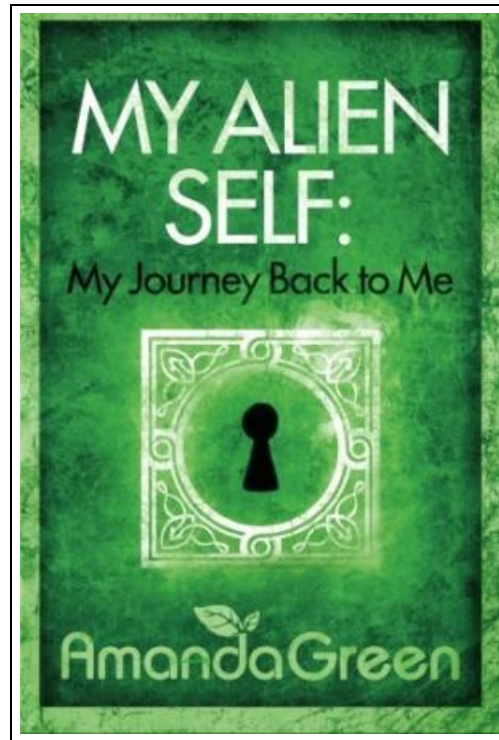


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Createspace Independent Publishing Platform, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This is a true story everyone should read. 100] 4*/5* reviews! A roller coaster ride of mental health issues, travel, relationships, rape, adventures, eating disorder, abuse, drugs, alcohol. Adults only. If I told you I d been to twenty-four Countries (twenty-one by the time I was twenty-two), that I d worked in Japan for nine months, toured Australia for six months, enjoyed seven months in Thailand and met and campaigned for the Orangutan in Borneo, you might think that I was pretty lucky. If I told you I d worked in the hotel industry, for a sexual health department in a hospital and with prisoners in a drug cell block of a male prison, that I d worked as a recruitment consultant, in so many office jobs I ve lost count, as well as having my own company and multiple websites, at age thirty-six, then you might think I ve had an interesting life. But if I added to that a mix of child rape, mental health problems, promiscuity, drug taking, alcohol abuse, eating disorders, self-harm, violence, mood swings, obsession, jealousy, loss of self worth, being raised by a mentally ill mother, bankruptcy, thyroid and gastro problems and public masturbation in school at age nine, then I am not sure what you d think. But this is me; Amanda Green. This is my life, my story; my journey back to me from depression, anxiety, panic attacks, OCD and Borderline Personality Disorder - mental illness which manifested during my life and came out to it s peak in my thirties. I was able to use my collection of mementos, photos, diaries, journals, letters, emails and text messages of my past to finally...



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