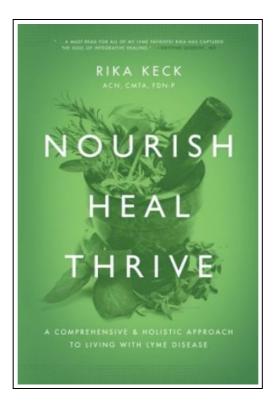
Nourish, Heal, Thrive: A Comprehensive and Holistic Approach to Living with Lyme Disease



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NOURISH, HEAL, THRIVE: A COMPREHENSIVE AND HOLISTIC APPROACH TO LIVING WITH LYME DISEASE



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River Grove Books. Paperback. Condition: New. 288 pages. Dimensions: 9.0in. x 6.0in. x 0.7in.Its Not about the Lyme; Its about the Individual Nourish, Heal, Thrive is an essential companion for anyone struggling with the long-term challenges associated with Lyme-related illness. Rika Keck shares her extensive clinical knowledge and expertise from a whole-person perspective. Informative and engaging, this valuable holistic and nutritional guide serves as an important adjunct to every Lyme and coinfection treatment protocol. Rika Keck founded NY Integrated Health, LLC, in 2006. With a mind-body philosophy, the company integrates the foundational principles of customized nutrition, lifestyle, and physiological stress management while also considering the impact of environmental toxins, infections, and genetic predispositions. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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