



## If the Buddha Married: Creating Enduring Relationships on a Spiritual Path (Paperback)

By Charlotte Kasl

Penguin Books, United States, 2001. Paperback. Condition: New. Language: English. Brand New Book. Zen and the art of lasting relationships... Filled with the same lighthearted, highly practical, spiritually sound guidance that resonated with readers of If the Buddha Dated, this book is a fresh and inspiring guide for anyone who wants to strengthen, deepen, or revitalize a relationship or marriage. Charlotte Kasl, PhD, renowned for her ability to speak with depth, wisdom, and humor on important matters of the heart, empowers us to create fulfilling and vibrant relationships throung a commitment to awareness, truth, and compassion. If the Buddha Married explores how a beginner s mind can help us see our partners and ourselves afresh each day as we learn to nurture our commitment to each other. Marriage is truly a journey. Combining key teachings of Buddhism, Christianity, and other spiritual traditions with elements of psychology, this book is a wise and trusted guide through the joys and challenges of relationships that last and grow.



## Reviews

Unquestionably, this is actually the greatest function by any author. I was able to comprehended every little thing using this created e ebook. Its been printed in an remarkably straightforward way which is merely following i finished reading this ebook in which in fact altered me, alter the way i think.

-- Arianna Witting

An exceptional book as well as the font used was exciting to read. It is actually rally intriguing throgh reading time. You will not sense monotony at anytime of the time (that's what catalogues are for about when you ask me).

-- Crystel Hagenes