



## Making Healing Remedies with Honey and Propolis (Paperback)

By Carolyn K Gibson

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Healing with honey and propolis has been practiced in Europe, the Middle East and Asia for centuries. The remarkable healing benefits of honey and propolis are just now being discovered here in America. There are many books out there telling you the many benefits but do not tell you how to make the remedies. This book will not bore you with pages of research but give instructions on how to make the healing remedies. Healing with honey can be as simple as applying honey to cuts, wounds and burns. Serious wounds and burns may require specialized honey such as Manuka. Relieve the intense burning pain of shingles with Manuka honey in less than 5 minutes. Add Slippery Elm powder to honey to soothe burns on the roof of the mouth. Learn to make herb infused honey, honey syrups and oxymels. Honey and Nutmeg as a sleep aid. Learn to make propolis oils and tinctures and make these recipes: Honey Propolis Salve for all skin irritations and rashes: Learn how do you prevent honey from separating from your salve? Menthol Chest Rub...

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