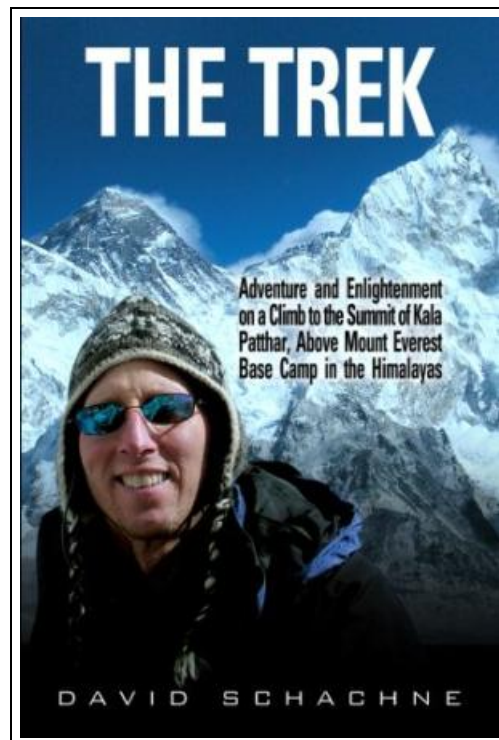


## The Trek: Adventure and Enlightenment on a Climb to the Summit of Kala Patthar, Above Mount Everest Base Camp in the Himalayas (Paperback)



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### ***Reviews***




*Great e book and helpful one. It really is written in straightforward terms and not hard to understand. You can expect to like how the blogger wrote this book.*  
*(Hudson Christiansen)*

## THE TREK: ADVENTURE AND ENLIGHTENMENT ON A CLIMB TO THE SUMMIT OF KALA PATTHAR, ABOVE MOUNT EVEREST BASE CAMP IN THE HIMALAYAS (PAPERBACK)



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Relevant Corporation LLC, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Trek takes the fabulously funny and enjoyable book A Walk in the Woods by Bill Bryson to a much higher altitude. The Trek tells the story of David Schachne s adventure in November, 2004, attempting to summit Kala Patthar, a mountain which towers above Everest Base Camp in the Himalayas. At 18,192 feet above sea level, the summit of Kala Patthar offers successful climbers one of the most amazing views of Mount Everest (29,035 feet) without having to put your life at risk by entering the Khumbu Icefall, or by climbing Mount Lhotse or Mount Nuptse. Raised in Brooklyn, NY, Schachne loved visiting the great outdoors as a teenager, going camping and hiking in the Catskills and Adirondacks. Throughout his early adult life, he had a burning desire to go trekking in the Himalayas. He believed going there would make his life more fulfilled. Schachne certainly didn t expect his trek to be a walk in the park, but he was ill-prepared for what was in store for him. Climbing for hours and hours each day while mentally and physically exhausted; confronting sub-freezing temperatures; dealing with illness, high altitude sickness, piercing headaches, wretched odors, utter filth, bacterial infections, dysentery and more, he endured two weeks of pure, nightmarish misery. In this riveting account of his gut-wrenching trek over fourteen sleepless days and nights, while basically malnourished, Schachne takes you along on each and every step of his journey. You ll experience the ups and downs of the hills and valleys, and the highs and lows of his personal triumphs and chaotic travails. He flies from Kathmandu in Nepal to the most dangerous airport in the world (Tenzing Hillary Airport), in...

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