



## Honey and Bees: Nature's Magical Golden Treasure

By Margaret Briggs

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Honey and Bees: Nature's Magical Golden Treasure, Margaret Briggs, This title offers everything you need to know about honey, how it is made and the history of its uses, plus a section dedicated to culinary recipes, health and beauty. It includes more than 250 traditional hints, tips and recipes for using honey. It features a directory of honeys and delicious ways to try them out in the kitchen in drinks, sauces, dressings, roasts, cakes and desserts. It offers fascinating facts, statistics and trivia about bees and beekeeping. Honey is as popular today as it was in ancient times, and it is famed for its proven antibacterial properties, as well as its unique taste. This book offers an introduction to all aspects of honey, its history and uses. A fascinating guide to honey bees and beekeeping is followed by a glossary of the various types of honey and their properties, distinct tastes and suggested uses. Practical recipes for health and beauty include scrubs, masks, toners, cleansers and nourishers for skin and hair. Last but not least, the taste and benefits of honey can be enjoyed in the kitchen, and there is a wealth...



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