



## Defend Yourself!: How to Protect Your Health, Your Money, and Your Rights in 10 Key Areas of Your Life

By Mark J Green, Kevin McCarthy, Lauren Strayer

Newmarket Press,U.S., United States, 2007. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. From the highly praised former New York City Public Advocate and author of The Consumer Bible, a one-stop guide to everyone's rights and options to protect their health, their money and themselves--complete with real-life examples, practical advice and resources. Patient, client, employee, taxpayer, consumer--it's time to defend yourself! Why should anyone tolerate an HMO not paying for his wife's emergency surgery because he didn't give notice beforehand, or accept a higher insurance rate because she lives in a low-income community, or be charged a restocking fee for returning defective merchandise? A large body of laws and regulations exists to give average workers and consumers the tools to talk back and fight back. Defend Yourself is a detailed guide to help readers navigate: - Health care (fight big insurers and obtain life-saving prescription drugs) - Employee rights (fight discrimination at work and protect unemployment benefits) - Consumer laws (shop safely on the Internet, assert your rights when a product is recalled for safety reasons) - Financial services (avoid unfair banking fees, prevent identity theft, deal with debt) -...



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