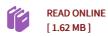




# Defend Yourself!: How to Protect Your Health, Your Money, and Your Rights in 10 Key Areas of Your Life

By Mark J Green, Kevin McCarthy, Lauren Strayer

Newmarket Press, U.S., United States, 2007. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. From the highly praised former New York City Public Advocate and author of The Consumer Bible, a one-stop guide to everyone s rights and options to protect their health, their money and themselves--complete with real-life examples, practical advice and resources. Patient, client, employee, taxpayer, consumer--it s time to defend yourself! Why should anyone tolerate an HMO not paying for his wife s emergency surgery because he didn't give notice beforehand, or accept a higher insurance rate because she lives in a low-income community, or be charged a restocking fee for returning defective merchandise? A large body of laws and regulations exists to give average workers and consumers the tools to talk back and fight back. Defend Yourself is a detailed guide to help readers navigate: - Health care (fight big insurers and obtain life-saving prescription drugs) - Employee rights (fight discrimination at work and protect unemployment benefits) - Consumer laws (shop safely on the Internet, assert your rights when a product is recalled for safety reasons) - Financial services (avoid unfair banking fees, prevent identity theft, deal with debt) -...



### Reviews

This ebook is definitely not simple to begin on reading but really enjoyable to read through. This really is for all who statte that there had not been a worth reading. You may like how the author publish this ebook.

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This book may be really worth a read through, and a lot better than other. It is really basic but excitement inside the 50 % in the pdf. I realized this pdf from my dad and i encouraged this publication to learn.

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### **Relevant Books**



### Children s Rights (Dodo

#### Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...



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#### Journey

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In the 1930s, as evil begins to envelope Europe, Karl Rothstein is born in Austria. As his life...



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Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...



### Chicken Licken - Read it Yourself with Ladybird: Level

2

Penguin Books Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. In this classic fairy tale, a nut falls on Chicken Licken s head and he decides he must tell the king that...



## The Three Little Pigs - Read it Yourself with Ladybird: Level

2

Penguin Books Ltd, United Kingdom, 2013. Paperback. Book Condition: New.  $222 \times 150$  mm. Language: English . Brand New Book. In this classic fairy tale, the three little pigs leave home and build their own houses - one of straw, one of...