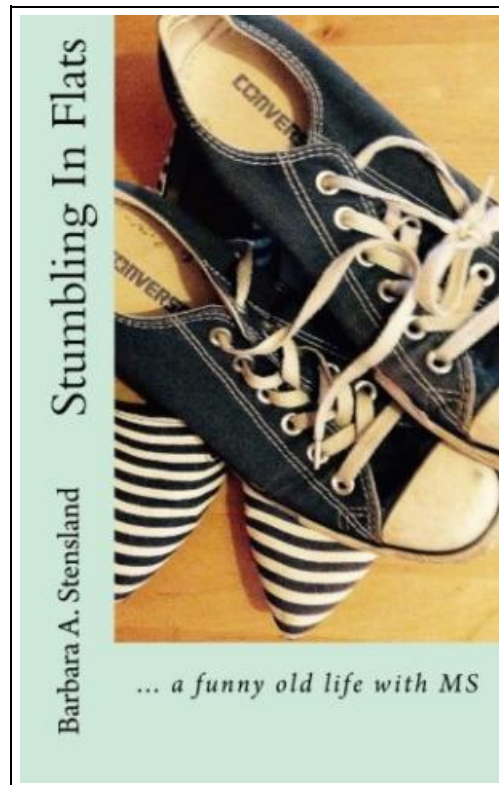


Stumbling in Flats (Paperback)



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Reviews

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STUMBLING IN FLATS (PAPERBACK)



JustifiedText.co.uk, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. With a foreword by Janis H. Winehouse. Short-listed for The International Rubery Book Award 2015. If Bridget Jones had MS, this would be her diary - The MS Society. The value of the Stumbling in Flats blog . it opens so many avenues of support and understanding, not only to the sufferer, but to the family, the friends . so that they will understand what it s like to walk through treacle - Janis H. Winehouse. Social media is an increasingly important way for people affected by MS to get support, information and inspiration. Barbara s writing offers all of this plus a winning sense of humour - a vital ingredient in living well with MS. - The MS Trust From running in heels to stumbling in flats - one day in 2011, Barbara woke up unable to speak properly, walk in a straight line or stay awake for longer than a few hours. She didn t know it then, but that day was to change her life forever. In 2012, she was diagnosed with multiple sclerosis (MS). She began blogging at to show the day-to-day reality of living with MS, a teenager and a cat, in amongst coping with a rapidly-disappearing career, late-night pity-parties-for-one, discrimination in the workplace and adjusting to a whole new life with MS. She s unflinchingly honest in her portrayal and exploration of this strange new world, where the McDonald criteria are no longer a way of judging French Fries but a tick-list for an MS diagnosis. Alongside scans, blood tests, a lumbar puncture and medication, she battles with The Teenager (school uniform angst, an undying devotion to pizza) and life in general (facing 40, a non-existent...



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