

Little Warriors Green Belt Workbook (Paperback)

Filesize: 2.35 MB

Reviews

Extensive information for ebook fans. It generally is not going to expense a lot of. I discovered this publication from my dad and i suggested this ebook to discover. (ivah West)

LITTLE WARRIORS GREEN BELT WORKBOOK (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The Little Warriors Green Belt Workbook contains all the lessons needed to earn a Green Belt in the Little Warriors Belt program. Each full color book includes a beautiful cut-out Certificate of Achievement suitable for framing. This program includes a Teachers Manual and three Kid s Workbooks that provides a full school year curriculum. The Little Warriors Belt Program includes an illustrated teacher s manual that provides easy to follow step-by-step instructions on how to teach a fun and effective safety and martial arts program that emphasizes predator abduction prevention techniques. This Teacher s Manual will enable any adult to teach this program regardless of martial arts training. This program teaches: 11 Character Building Lessons Including: What is a Promise?, Focus, Deep Breathing, Setting Goals, and Self-Control. 19 Health Fitness Lessons Including: Stretching, Cardio, Calisthenics, Good Nutrition, and six First Aid lessons. 15 Street proofing Lessons Including: Buddy System, Code Word, How to Dial 911, How to Answer Questions from Strangers, and How to Deal with Dogs. 18 Self-Defense Lessons These are the most easy to learn and effective self-defense techniques that are not only suitable for children, but anyone in the family from teens to moms can learn potentially life saving skills. Includes both children s and adult instructions and illustrations. 35 Martial Arts Techniques These universally recognized techniques include stances, blocks, strikes, kicks, break falls, and three Katas. Includes both children s and adult instructions and illustrations. Plus: Sample Teaching Plans Instructions on How to Play 9 Warm-Up Games How to create a Child Identity Kit Top Ten lists of Safety Tips What to do if a child goes missing This program is ideally suited for moms, teachers, home-schoolers,...

Read Little Warriors Green Belt Workbook (Paperback) Online
Download PDF Little Warriors Green Belt Workbook (Paperback)

See Also

»

| لم | THE Key to My Children Series: Evan s Eyebrows Say Yes AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book ***** Prin on Demand *****.THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about Save ePub » |
|-----|---|
| لمر | Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Reall Matters! ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Mac Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on Save ePub |
| L | I Learn, I Speak: Basic Skills for Preschool Learners of English and Chinese Paraxus International, Inc., United States, 2012. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Boo ***** Print on Demand *****.Please go to // and shapes for some high resolution sample Save ePub > |
| L | Perfect Psychometric Test Results Cornerstone. Paperback. Book Condition: new. BRAND NEW, Perfect Psychometric Test Results, Joanna Moutafi, Ian Newcombe Perfect Psychometric Test Results is an invaluable guide for anyone who wants to secure their ideal job. Written by a Save ePub |
| | Perfect Numerical Test Results |

Cornerstone. Paperback. Book Condition: new. BRAND NEW, Perfect Numerical Test Results, Joanna Moutafi, Ian Newcombe, Perfect Numerical Test Results is the essential guide for anyone who wants to secure their ideal job. Written by a... Save ePub