



Discipline: Harness the Power for a Better Life by Mastering Self-Discipline, Motivation and Behavior (Paperback)

By Shawn Hill

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. DISCIPLINE: Harness the Power for a Better Life by Mastering Self-Discipline, Motivation and Behavior Take Control of Your Life, End Procrastination, and Achieve Your Dreams! Do you procrastinate? Do you have trouble focusing on your priorities? Are you ready to confront your issues and harness your inner power? With Shawn Hill s Discipline: Harness the Power for a Better Life by Mastering Self-Discipline, Motivation and Behavior, you can ultimately boost your motivation, defeat self-doubt and improve your focus. By understanding procrastination and laziness, you can live a life free of distraction and get what you really want! Your journey to success begins today! In this New 2nd Edition of Discipline, you ll find a new chapter on lasting change to help you take action to permanently change your life. The book shows you how to fight procrastination, control your emotions, and take concrete steps toward massive and lasting changes in your life. Furthermore, Discipline: Harness the Power for a Better Life by Mastering Self-Discipline, Motivation and Behavior teaches you to fight bad moods and induce spiritual and emotional healing. You...



READ ONLINE
[5.89 MB]

Reviews

This pdf is wonderful. It is definitely simplified but excitement from the 50 percent in the ebook. You wont sense monotony at at any time of your time (that's what catalogues are for relating to should you request me).

-- **Jaqueline Kerluke**

I just started looking at this pdf. It can be rally fascinating throgh studying period of time. Its been printed in an extremely basic way and is particularly only following i finished reading through this publication where in fact altered me, change the way i really believe.

-- **Mr. Stephan McKenzie**