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## Herbal Remedies: Herbal Healing Remedies for Daily Health: Using Herbal Remedies to Heal the Natural Way

By Rohan Anderson

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Also considered or referred to as natural medicine, alternative medicine or home remedies, herbal remedies do not need any prescription from a physician or not required to be a medication that is traditionally manufactured. Herbal remedies that are more common include cream and oils, poultices, tinctures and teas. In several countries, it is a requirement that herbalists are trained and also licensed before he or she can prescribe herbal remedies. It is a high recommendation that when an herbal remedy is chosen the ingredients are researched before bought. If traditional medications are being used for a particular illness, the individual is required to proceed with extreme caution before herbal remedies are introduced. This is because is the likelihood of dangerous contraindications when medications are mixed. Many herbs may be utilized in the treatment of a lot of different minor and also major health issues like allergy, problems with the digestive system, common cold, weight loss, sleep disorder and several others. Issues that are associated with blood circulation and the heart like hypertension, varicose veins, varicose ulcers and angina...



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