



## Playing 20 Questions with God: A Cosmic Self-Repair Manual (Paperback)

By Jeffrey Eisen Ph D

AIRLEAF, United States, 2016. Paperback. Condition: New. Ariel Eisen (illustrator). Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book introduces PsychoNoetics, a way of letting go of those positions or identities that all of us hold, both in our bodies and in our psyches. The process can be applied to the entire gamut of identities from the allergic identities of the immune system to the emotional identities of the ego. As the title implies, the process involves cultivating an inner process, a conversation within oneself. Those seekers who have some experience with auto-kinesiology and/or meditation will find themselves advantaged in the game of 20 questions with God, but anyone interested in moving toward health, well-being or spiritual growth can learn the process. Dr. Jeff Eisen offers his own learning experiences to lead the reader toward the awareness that self-change from within is not only possible, but necessary. When each of us can identify our mistaken conclusions, and intend from the deepest Source within us to unlearn them, our world will change.



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